



TOP SEVEN TIPS

for fall prevention!

1

Clean up spills, drips and leaks ASAP. Report any hazards to your supervisor and use signs/barriers to warn others.

2

Avoid falls on stairs! Use the railing; walk, don't run; keep the area well-lit; don't carry objects that block your vision!

3

Keep all walkways and stairs clear! Put tools/materials away after each use and keep cords/cables out of walkways.

4

Make sure all floor holes in which a worker can accidentally walk into are guarded. Report unguarded hazards ASAP!

5

LADDER DOs: Set on stable ground, 1' away for each 4' ladder height; center weight; use two hands; face the ladder.

6

LADDER DON'Ts: Don't carry objects while climbing; don't step on the top rung; don't let over 1 person climb at once.

7

Get the proper fall protection training and always wear and inspect the PPE necessary for the task!

SAFE +
SOUND
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